

# OLGA LUCIA TORRES

ATTORNEY, SPEAKER, AUTHOR & *Health Empowerment Expert*



**Olga Lucia Torres, JD, MS**  
**Lecturer, Columbia University**  
**New York Advocacy Committee Chair and Ambassador, Lupus Foundation of America**  
**Chair, Board of Trustees, Multicultural Media Correspondents Association**  
**Member, Medical Advisory Board, Hear Your Song**

Olga Lucia Torres has been sick her entire life: starting with a pediatric pituitary adenoma, later developing lupus and five other autoimmune diseases, then experiencing a devastating brain injury that left her disabled. As a first-generation Latina, she was one of the eight founding attorneys of the Bronx Defenders, and is now a lecturer in the Narrative Medicine program at Columbia University. Olga is also a patient advocate and is the New York State Advocacy Chairperson for the Lupus Foundation of America.

Additionally, she's a member of the medical advisory board of Hear Your Song, a nonprofit that empowers children and teens with serious illnesses to make their voices heard through collaborative songwriting. She's also the Chair of the Board of Trustees of the Multicultural Media Correspondents Association, an organization that seeks to increase diversity across all platforms of media. She's been published in the New York Times, Parents Magazine, and various other publications about what it's like to live and parent in New York City as a person with disabilities and with all her medical conditions.

Olga gives talks to patient groups and doctors at hospitals. In 2016, Olga gave a TEDx talk titled **“Why Everyone Should to Be a Professional Patient.”** Expanding her audience, Olga recently started publishing pieces in the New York Daily News, amNY, and popsugar.com.

*Olga is a disabled person who advocates awareness and empowerment. She is available to speak to your organization, university, or hospital as a keynote speaker or workshop facilitator as well as an industry expert for your news segment and podcast.*



KEYNOTE



EMCEE



FACILITATOR



WORKSHOPS



PANEL FACILITATION



WEBINARS & PODCASTS

## YOU HAVE SEEN OLGA AT:

