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Olga Lucia Torres

Attorney, Speaker, Author & Health Empowerment Expert

Olga Lucia Torres, JD, MS Lecturer, Columbia University

New York Advocacy committee chair and ambassador, Lupus Foundation of America.

Chair, Board of Trustees, Multicultural Media Correspondents Association Member, Medical Advisory Board, Hear Your Song.

Olga Lucia Torres has been sick her entire life: starting with a pediatric pituitary adenoma, later developing lupus and five other autoimmune diseases, then experiencing a devastating brain injury that left her disabled. As a first generation Latina, she was one of the eight founding attorneys of the Bronx Defenders, and is now a lecturer in the Narrative Medicine program at Columbia University. Olga is also a patient advocate and is the Northeast Regional Advocacy Chair for the Lupus Foundation of America.

Additionally, she's a member of the Patient Engagement Collaborative, which works with the FDA and the Clinical Trials Transformation Initiative to improve communication and education on issues of medical product regulation. She's also the Chair of the Board of Trustees of the Multicultural Media Correspondents Association, an organization that seeks to increase diversity across all platforms of media. She's been published in the New York Times, Parents Magazine, Next Avenue, and various and other publications about healthcare, disability rights, and BIPOC issues.

Olga gives talks to patient groups and doctors at hospitals. In 2016, Olga gave a TEDx talk titled "Why Everyone Should to Be a Professional Patient." Olga's been published the New York Times, Next Avenue, Parents, and other publications.

Olga is a disabled person who advocates awareness and empowerment. She is available to speak to your organization, university, or hospital as a keynote speaker or workshop facilitator as well as an industry expert for your news segment and podcast.







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